



European Junior Doctors

## Statement of support to the Italian Junior Doctors

The European Junior Doctors Association (EJD) stands in solidarity with our Italian junior doctor counterparts, advocating for a more predictable and transparent future concerning their postgraduate training. Postgraduate training is the backbone of medical proficiency and progress. For any healthcare system to thrive, the education and well-being of its junior doctors must be prioritized. Seeing it as an investment ensures a robust and dependable healthcare framework for the citizens, in this case, of Italy.

Regrettably, the Italian Ministry of University Education has not met these expectations. The recent unpredictability surrounding postgraduate placements has placed undue stress on the very professionals we expect to be our future healthcare providers. By delaying the announcement of available positions for postgraduate training, Italian junior doctors face uncertainty, not only about their immediate professional trajectories but also their long-term aspirations. Being compelled to make transformative decisions—like relocating to new cities, securing housing, and adjusting to new roles—all within a restrictive 14-day window is neither fair nor conducive to a conducive learning environment.

Additionally, EJD endorses the call for the publication of anonymous evaluations of training centers. Such transparency is crucial. It allows junior doctors to make well-informed choices about their postgraduate positions. Concealing issues or challenges within these centers only undermines the training process and compromises the quality of healthcare delivery.

Furthermore, it's imperative for junior doctors to receive a salary commensurate with the skills and expertise of junior doctors and which at least meets with the cost of living of the country. They are, after all, the pillars of our future healthcare system. Insufficient wages often force them into additional part-time jobs, jeopardizing their work-life balance, and elevating the risk of early-career burnout.

We, therefore, urge the Ministry of University Education to proactively involve Italian junior doctors in any discussions or reforms related to the allocation of postgraduate training positions. Their insights, experiences, and needs are paramount and should be central to the decision-making process.





European Junior Doctors

European Junior Doctors remain committed to supporting our colleagues across the continent and advocate for reforms that bolster the foundations of medical education and practice.

